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| **Town of Nassau Community Resource Guide** | | |
| **Emergency Shelters**  1) Joseph’s House  (518) 272-2544  2) Capital City Rescue Mission  (518) 462-0459  Note: Only single adult males  3) Rensselaer County Dept. of Social Services  Business Hours – (518) 266-7800  After Hours – (518) 833-6000  Note: Single adult females  **Emergency Shelters for Youth (16-18)**  1) CAPTAIN – Malta Youth Center  Business Hours – (518) 584-6042  After Hours – 1-800-924-4636  2) Saint Anne Institute (Albany)  (518) 437-6500  3) Rensselaer County Dept. of Social Services  Note: For families seeking a shelter that has children under the age of 18, placement must occur through the Rensselaer County Department of Social Services  **Food Assistance**  1) New Hope for Life – Gathering Place  (518) 766-4164  Tuesday & Thursday 12 – 7:00 p.m  Wednesday & Friday 10 a.m. – 4:00 p.m.  Saturday 10 a.m. – 1:00 p.m.  2) Nassau Resource Center  (518) 766-9014  Monday, Tuesday & Friday 9 – 12 noon  Thursday 7 – 8:30 p.m.  Food Pantry Hours:  Tuesday & Thursday 5 – 7:00 p.m.  Friday & Saturday 10 – 1:00 p.m.  3) CoNSERNS-U  (518) 463-8571  4) Food Pantries for the Capital District  (518) 458-1167  **Clothing Assistance**  1) Unity House of Troy INC.  (518) 274-2607  2) CoNSERNS-U  3) Nassau Resource Center | **Emergency Shelters for People Seeking Relief from Domestic Violence**  1) Unity House of Troy INC.  (518) 274-2607  2) In Our Own Voices, INC. (tentative – waiting on additional info)  (518) 432-4188  Note: Focus on LGBTQ+ Abuse  **If you are faced with the threat of eviction, need help with rent or mortgage payments, or are unable to afford utility payments:**  1) Rensselaer County Dept of Social Services  2) Unity House of Troy INC.  3) Catholic Charities, Roarke Center  (518) 273-8351  4) Legal Aid Society of Northeastern NY – Eviction Protection  (518) 462-6765  5) CoNSERNS-U  (518) 463-8571  **Medical Care and Prescription Financial Assistance**  1) Rensselaer County DSS  Business Hours – (518) 266-7800  After Hours – (518) 833-6000  **Health Care**  1) Albany Medical Center  (518) 262-3125  **Psychiatric Assistance**  1) Mobile Crisis for Rensselaer County  (518) 271-3540  2) National Suicide Hotline  1-800-273-8255  **Substance Abuse Assistance**  1) St. Peter’s Health System, St. Mary’s  (518) 268-5542 or (518) 268-5807  2) Renssalaer County Recovery Help Line  1-833-HOPE(4673)-123  Note: Focus on Opioids | **Childhood Victims of Abuse**  1) Rensselaer County Dept. of Social Services  2) NYS Abuse and Maltreatment Hotline  1-800-342-3720  **Childhood Victims of Sex Trafficking**  1) Start Center  (518) 271-6001  2) Office of Family and Children Services  (518) 473-7793  **If somebody has a pet:**  Mohawk and Hudson River Humane Society Safe Haven Program - Safe Haven places the pets of domestic violence victims at undisclosed foster care locations. By providing protection for beloved pets – who may also be in harm’s way – Safe Haven can provide peace of mind that is needed for abuse victims to seek their own safety.  Call the Unity House 24 Hour Hotline for additional information on this service at: (518) 272-2370  **Treatment Options**  1) Conifer Park Outpatient Center  (518) 274-5143  2) Hudson Mohawk Recovery Center  (518) 272-3918  **Resources for individuals in need of help outside of Rensselaer County:**   * Albany County, Shelter, HATAS   (518) 463-2124   * Albany County, Domestic Violence, Equinox Inc.   (518) 432-7865   * Columbia County, Shelter, Columbia County DSS   (518) 828-9411   * Columbia County, Housing Assistance, Columbia Opportunities Inc.   (518) 828-4611   * Greene County, Shelter, Greene County DSS   (518) 719-3700 |